

Why the Walk of Hope?

The Walk of Hope is a community event that brings together family, friends, neighbors and co-workers who walk to raise money and awareness for free, professionally designed programs for people affected by cancer, their family and friends.

The Cancer Support Center does not receive any on-going federal or state funding. We are community-based and community-supported. Your participation or support is vital.

EARLY REGISTRATION or DONATION DROP-OFF DAYS

(in Mokena)

Thurs., May 13 from 10 a.m.—4 p.m.

Fri., May 14 from 4 p.m.—7 p.m.

Sat., May 15 from 9 a.m.—12 p.m.

With your help ... We can continue to make a difference in the lives of our neighbors affected by cancer.

The Cancer Support Center's FREE Programs and Services include:

- ◆ Weekly support groups for people affected by cancer, their family, children, friends and the bereaved.
- ◆ Individual counseling.
- ◆ Drop-in forums for specific cancers such as breast, prostate, etc.
- ◆ Educational and nutrition classes.
- ◆ Stress reduction through gentle yoga, massage, meditation and art.
- ◆ Lending library and Internet.
- ◆ Speakers available for your group.
- ◆ New volunteers always welcome.

2010 Spring Walk of Hope Organizing Committee

Kathy Kahlhammer, event chair

Jennifer Adams
Risa Adams
Judie Beshansky
Nicki Fender
Norma Fister
Cindy Gerritsen

Mary Beth Gilroy
Phyllis Grotts
Karen Pasek
Chris Rosandich
Pam Wright

Sunday – May 16, 2010



2nd Annual Spring Walk of Hope

**& 5K
Fun Run**



Mokena Community Park District (10925 LaPorte Road)

Registration Begins at 10:30 a.m.

Kick-Off Ceremony Starts at 11:30 a.m.

Register at the Center or Online to:

- ◆ Build your team!
- ◆ Create your own website for raising pledges!

www.CancerSupportCenter.org

THE CancerSupport CENTER
A place of help, hope & healing in the Chicago Southwest

19250 Everett Lane
Mokena, IL 60448
708/478-3529

www.cancersupportcenter.org



2nd Annual SPRING WALK OF HOPE and 5K FUN RUN REGISTRATION/PLEDGE FORM

OUR "HOPE" IS THAT EACH WALKER/RUNNER RAISE AT LEAST \$100! (GIFT GIVEN AT/OR ABOVE \$100 LEVEL)

***Note – All team and individual awards announced the day of the Walk will be based on pre-registered walkers and pre-event day donations turned in.

Walk/Fun Run Date: Sunday - May 16, 2010

1. Pre-Register & Pay Fee at The Cancer Support Center Anytime or During Donation Days

\$20 Adult (18+ yrs.) \$10 Child (5-17 yrs.) Free Child 4 yrs. or younger - before day of Walk
On day of Walk: \$30 Adult (18+ yrs.) \$20 Child (5-17 yrs.)

2. Collect Pledges - START NOW to sign up sponsors. This is a fundraising event to support our FREE programs.

3. Bring Additional pledges to the walk. *Check-in and registration will begin at 10:30 a.m. at the Mokena Community Park District - 10925 LaPorte Road, Mokena.*

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: (H) _____ (W) _____ Fax: _____

Employer: _____

Birth Date: _____ Gender: M F Email: _____

Team Name: _____ Team Captain: _____

Walker Runner

WAIVER: I am a student (Children 17 & under must be accompanied by an adult.)

I hereby waive all claims against the Cancer Support Center, sponsors and any personnel for any injury I might suffer during this event. I attest that I am physically fit and prepared for this event. I understand that I may be photographed at this event and hereby give permission for my likeness, voice and statements to be used in press releases and marketing materials.

Signature of participant _____ Parent/guardian's signature if less than 18 years of age _____

Supporter's Name, Address, Email and/or Phone	Pledge Amount	Amount Paid

Please use a separate sheet of paper for additional pledges.

WALK WITH US!

1) REGISTER TODAY!

Register and create your own web page to raise pledges at www.CancerSupportCenter.org. You may also register at either location or by faxing your registration form to 708/478-4066. See pledge form for registration fees.

2) COLLECT DONATIONS!

The pledge goal per walker is \$100 (including your \$20 registration fee). Ask friends, family, and co-workers to support your participation in the Spring Walk of Hope. Let them know that the Walk of Hope is critical to ensuring that free programs are available in our community.

3) ORGANIZE A TEAM!

The Walk of Hope is so much more fun with family and friends! Or, how about some healthy competition in the office between teams? We can help you organize your team and provide fundraising tips.

4) WALK FOR HOPE!

Pick a route. We offer 3, 1-mile walk routes and a 10-step Walk of Hope. Gather your pledge money, lace up your shoes, and join us at the Mokena Community Park District...rain or shine.

After you and your team return to the park following the Walk, join us for a celebration, featuring food samples, kids' activities and great entertainment!

Make checks payable to: Cancer Support Center. Your check is your receipt.

Sponsorship Opportunities Available

Opportunities range from Title Sponsor at \$5,000 to Hope Sponsor at \$150. Sponsorship due by April 23 to be included on event t-shirt. Contact Kathy Kahlhammer at 815/341-1238 or Chris Rosandich at 708/478-3529 for more information.



Every registered Walker/Runner will receive an official event T-shirt!