



## Chocolate Protein Balls

- 1 cup rolled oats
- 1/2 cup natural peanut butter
- 1/3 cup honey
- 1/4 cup chopped dark chocolate
- 2 tablespoons flax seeds
- 2 tablespoons chia seeds
- 1 tablespoon chocolate-flavored protein powder, or to taste

### Directions

1. Stir oats, peanut butter, honey, chocolate, flax seeds, chia seeds, and protein powder together in a bowl until evenly mixed.
2. Cover bowl with plastic wrap and refrigerate for 30 minutes.
3. Scoop chilled mixture into balls. Keep cold until serving.

<http://allrecipes.com/recipe/233985/chocolate-protein-balls/>