

Italian Seasoning Blend

- 1 Tb – Rosemary
- 1 Tb – Garlic Powder
- 1 Tb – Sage
- 1 Tb – Basil
- 1 Tb – Thyme
- 1 Tb – Oregano

Mix all dried ingredients into a container.

Use 2 to 3 tablespoons in your marinara sauce.

Use in pizza sauces, on meat, in soups, etc.

Taco Seasoning Blend

- 3 Tb – Chili Powder
- 1 Tb, 1 Tsp – Paprika
- 1 Tb – Cumin
- 1 Tb – Garlic Powder
- 1Tb – Coriander
- 1 Tb– Oregano
- ¼ Tb – Black Pepper

Mix all dried ingredients into a container.

Optional; pinch of red pepper flakes,

Smoked paprika, Curry powder and salt to taste.

Use 2 to 3 tablespoons per 1lb pound of ground meat.

Use in any dish to give it a Mexican flare.

