



Online Programming

www.cancersupportcenter.org

COUNSELING & STRESS MANAGEMENT

Meditation
Guided Imagery
Art Therapy
Sound Bath Session
Drawing Basics
Paint & Sip
Dialectical Behavior Therapy

NUTRITION & DIET

Delicious Recipes
Meal Planning
Juicing
Healthy Lifestyle Choices
Cancer-Fighting Cooking Demos

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Whenever, wherever and whatever time of day you need us, The Cancer Support Center is here for you with our on-demand programs. Visit our webpage and click on "Online Programming" under the "Programs and Activities" tab to access any of our on-demand programs listed.

Let's walk this journey together!

EDUCATION & NETWORKING

Medicinal Cannabis & Cancer
Combination Therapy for Cancer

FITNESS & PHYSICAL WELLNESS

Gentle Yoga
Lymphatic Massage
Gentle(Chair)Yoga

The Cancer Support Center gives strength, guidance and support to anyone living with a cancer diagnosis, as well as to their loved ones.

Locations in Homewood & Mokena, Illinois